

Old Father Time 5 mile

Overall Male Runner

Place	Bib#	Name	Time	Type	City
1.	80	James Thie	00:26:27.59	Runner	
2.	31	Richard Jackson-Hookins	00:26:50.86	Runner	
3.	58	Aled Hughes	00:27:07.18	Runner	

Overall Female Runner

Place	Bib#	Name	Time	Type	City
1.	226	Llinos Jones	00:30:43.87	Runner	
2.	231	Nicola Jukes	00:33:02.23	Runner	
3.	214	Libby Crees	00:34:35.50	Runner	

Male 35 - 39

Place	Bib#	Name	Time	Type	City
1.	80	James Thie	00:26:27.59	Runner	
2.	31	Richard Jackson-Hookins	00:26:50.86	Runner	
3.	73	David John Williams	00:27:16.87	Runner	
4.	63	Ben Butler-Madden	00:27:20.45	Runner	
5.	74	Mark Horsman	00:29:16.64	Runner	
6.	46	Gary Brown	00:29:37.71	Runner	

Female 35 - 39

Place	Bib#	Name	Time	Type	City
1.	226	Llinos Jones	00:30:43.87	Runner	
2.	225	Ruth Cann	00:36:04.81	Runner	
3.	213	Jenny Martin	00:37:25.45	Runner	
4.	232	Gemma Hewitt	00:38:43.80	Runner	
5.	217	Rachel Higginson	00:43:57.90	Runner	Cardiff
6.	239	Elizabeth Randall	00:46:38.71	Runner	

Male 40 - 44

Place	Bib#	Name	Time	Type	City
1.	58	Aled Hughes	00:27:07.18	Runner	
2.	53	Simon Lewis	00:27:34.38	Runner	
3.	32	Stuart Crees	00:29:12.75	Runner	
4.	43	Simon Miles	00:30:04.63	Runner	
5.	59	Keith James	00:30:23.85	Runner	
6.	47	Laurence Pole	00:30:36.77	Runner	

Female 40 - 44

Place	Bib#	Name	Time	Type	City
1.	219	Joanne Rees	00:35:14.14	Runner	
2.	221	Catherine Barker	00:35:33.27	Runner	
3.	229	Michelle Amblin	00:38:27.68	Runner	
4.	235	Lisa Williams	00:50:06.37	Runner	

5.	209	Laura Coombes	00:50:41.62	Runner	Cardiff
6.	211	Catrin Evans	00:51:02.68	Runner	Cardiff

Male 45 - 49

Place	Bib#	Name	Time	Type	City
1.	92	Rich Baker	00:27:16.41	Runner	
2.	68	Marc Turner	00:28:06.73	Runner	
3.	61	Huw Evans	00:28:45.81	Runner	
4.	48	Jason Price	00:29:39.92	Runner	
5.	45	Julian Boon	00:30:28.40	Runner	
6.	75	Daniel Luffman	00:31:41.68	Runner	

Female 45 - 49

Place	Bib#	Name	Time	Type	City
1.	231	Nicola Jukes	00:33:02.23	Runner	
2.	214	Libby Crees	00:34:35.50	Runner	
3.	234	Kerri James	00:36:37.02	Runner	
4.	215	Sarah McCarthy	00:36:44.41	Runner	Cardiff
5.	220	Keri Jones	00:36:50.94	Runner	
6.	241	Natalie Cartlidge	00:42:07.85	Runner	

Male 50 - 54

Place	Bib#	Name	Time	Type	City
1.	66	Stephen Bartlett	00:28:30.93	Runner	
2.	21	Andrew Blair	00:29:09.47	Runner	
3.	2	Dave Lowthian	00:31:21.77	Runner	Lydbrook
4.	76	David Proud	00:32:45.20	Runner	
5.	39	Richard Davies	00:33:24.50	Runner	
6.	91	David Place	00:34:28.19	Runner	

Female 50 - 54

Place	Bib#	Name	Time	Type	City
1.	208	Yvonne Bullen	00:39:01.85	Runner	
2.	204	Sally Groves	00:41:47.24	Runner	Cardiff
3.	218	Claire Bell	00:43:29.80	Runner	Cardiff
4.	203	Glenda Edwards	00:44:02.79	Runner	Cardiff
5.	205	Lorretta Daly	00:44:32.01	Runner	
6.	242	Julie Broughton	00:46:03.93	Runner	

Male 55 - 59

Place	Bib#	Name	Time	Type	City
1.	26	Richard Bullen	00:31:30.05	Runner	
2.	86	Vincent Nazareth	00:31:39.55	Runner	
3.	67	David Coles	00:32:36.21	Runner	
4.	78	Martyn Jenkins	00:38:03.52	Runner	

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5.	11	Alan Mason	00:38:09.23	Runner	Cardiff
6.	93	Gerry Crispie	00:41:47.65	Runner	

Female 55 - 59

Place	Bib#	Name	Time	Type	City
1.	227	Deb Chick	00:34:53.98	Runner	
2.	233	Judi Rhys	00:37:43.58	Runner	
3.	237	Jeanette Jenkins	00:38:25.41	Runner	
4.	201	Tina Rossiter	00:44:00.57	Runner	Cardiff

Male 60 - 64

Place	Bib#	Name	Time	Type	City
1.	30	Dave James	00:30:07.14	Runner	
2.	57	Huw Roberts	00:33:48.51	Runner	
3.	19	Mick McGeoch	00:34:40.84	Runner	
4.	44	Alan Robertson	00:35:47.01	Runner	
5.	8	Gareth John	00:36:27.11	Runner	Cardiff
6.	60	Graham Webster	00:38:58.85	Runner	

Female 60 - 64

Place	Bib#	Name	Time	Type	City
1.	228	Andrea Webster	00:39:41.13	Runner	

Male 65 - 69

Place	Bib#	Name	Time	Type	City
1.	42	Alan Davies	00:29:40.53	Runner	
2.	71	John Hill	00:33:04.50	Runner	
3.	38	Rob Evans	00:36:47.95	Runner	
4.	20	Keith McGeoch	00:37:23.41	Runner	
5.	5	Dave Hebbes	00:41:24.34	Runner	Penarth
6.	84	Richard Brown	00:44:43.60	Runner	

Female 65 - 69

Place	Bib#	Name	Time	Type	City
1.	238	Brenda Avery	00:42:58.09	Runner	
2.	206	Jane Bayliss	00:48:21.83	Runner	Chepstow

Male 70 - 74

Place	Bib#	Name	Time	Type	City
1.	72	Paul Allen	00:37:01.65	Runner	
2.	65	Gareth Jones	00:40:02.63	Runner	
3.	16	Ralph Davey	00:42:23.21	Runner	Wenvoe
4.	23	Geoffrey Bayliss	00:47:41.24	Runner	Chepstow
5.	12	Jeff Aston	00:49:53.71	Runner	Cardiff

Male 75 - 79

Place	Bib#	Name	Time	Type	City
1.	4	John Gardener	00:37:29.30	Runner	Haverfordwest
2.	69	Brian Gough	00:38:59.50	Runner	

Male 80 - 84

Place	Bib#	Name	Time	Type	City
1.	1	Syd Wheeler	00:53:31.75	Runner	Lydney